

Cajun Blackened Spice Mix

Ingredients:

- 1 tablespoon paprika
- 2 1/2 tablespoons salt
- 1 tablespoon onion powder
- 1 tablespoon garlic powder
- 1 tablespoon cayenne pepper
- 3/4 tablespoon white pepper
- 3/4 tablespoon black pepper
- 1/2 tablespoon thyme
- 1/2 tablespoon oregano
- 1/4 tablespoon sage

Directions:

1. Mix all spices together and store in an airtight jar.

From the kitchen of Chef Leo Pantel
Executive Chef at the Conexus Arts Centre

